

# European Forum for Evidence-based Prevention 16. – 18. June 2010

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## *Global Evidence for Local Decisions: Promotion of Mental Health – Prevention of Psychological Diseases*

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### *Day 1- 16.06.2010*

#### Evening Event

<b>Entrance</b>	<b>18.00</b>
<b>Music Accompaniment</b>	
<b>1. Welcome</b> Prof. Dr. Gerald Gartlehner Prim. Dr. Johannes Püspök	<b>18.30</b>
<b>2. Opening</b>	
<b>3. Presentation</b> Prim. Dr. Paulus Hochgatterer	<b>19.00</b> <b>19.30</b>
<b>Reception</b>	<b>20.15</b>

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### *Day 2- 17.06.2010*

**Plenum I:** **9.00 – 10.30**

**Topic: Evidence-based Medicine and Mental Health – Potentials and Challenges**

**Moderation:** Prof. Dr. Gerald Gartlehner, MPH

- 1. Clinton W. Anderson, PhD, American Psychological Association**  
How evidence-based are programs for mental health?
- 2. Prof.<sup>in</sup> Helen Keleher, PhD, MA, BA, FRCNA, Monash University, Australien**  
Evidence-based mental health and the role of evaluation
- 3. Prof. Dr. Marc Suhrcke, University of East Anglia, Norwich, United Kingdom**  
Health economics and prevention/health promotion- a European perspective.

**Forum: Discussion with all participants of the plenum and audience**

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**Break** **10.30 – 11.00**



**Session 1**

**1 A**

**Thema: Suicide Prevention**

**Moderation:** Mag.<sup>a</sup> Gerlinde Rohrauer-Näf, MPH  
(asked)

1. Prof. Dr. **Stephen Platt, University of Edinburgh, Schottland**  
Evaluation of national suicide prevention strategies: evidence and methodological challenges
2. Dr. **David McDaid, London School of Economics, UK**  
The health economics of suicide prevention

**1 B**

**11.00 – 12.15**

**Topic: Clinical Prevention and Screening for Mental Disorders**

**Moderation:** Prof. Dr. **Andreas Sönnichsen**

1. Prof. Dr. **Johannes Wancata, Vienna General Hospital, Austria**  
Screening for depression in Austria
2. Prof. Dr. **Wolfgang Lalouschek, Health Center The Tree, Vienna, Austria**  
Prevention of burnout at Intensive Care Units

**Lunch 12:15 – 14:00**

**Session 2**

**2A**

**Topic: Mental Health in Children**

**Moderation:** Dr. **Adrian Kamper**

1. Prof.<sup>in</sup> Dr.<sup>in</sup> **Ulrike Ravens-Sieberer, MPH, University Clinic Hamburg-Eppendorf, Germany**  
Mental Health of European Children – The Kidscreen Study
2. Prof. Dr. **Manfred Döpfner, University of Cologne, Germany**  
Prevention of behavior problems in pre-school children

**2B**

**14.00 – 15.15**

**Thema: Mental Health in High Risk Groups: The Elderly**

**Moderation:** Dir. **Anton Brachner, MSc**

1. Prof. Dr. **Johann Behrens, Medical Faculty of the Martin-Luther-University of Halle-Wittenberg, Germany**  
A critical self-reflection of the Nursing profession: Evidence-based nursing and caring
2. Prof.<sup>in</sup> Dr.<sup>in</sup> **Gabriele Meyer, University Witten/Herdecke, Germany**  
Depression screening in nursing homes?

**Break:**

**15.15 – 15.45**

**Session 3**

**3 A**

**Topic: Gender Aspects of Mental Health**

**Moderation:** Dr. **Fueloep Scheibler**

1. Prof. DDr. **Wolfgang Rutz, University of Applied Sciences, Coburg, Deutschland**  
Special aspects in the prevention of male suicide – an international perspective
2. Prof. Dr.<sup>in</sup> **Karin Gutierrez-Lobos, Medical University Of Vienna, Austria**  
Gender aspects of the prevention of mental disorders

**3 B**

**15.45 – 17.00**

**Topic: Mental Health in High Risk Groups: The Elderly**

**Moderation:** Prof. Dr. **Norbert Bachl**

1. Prof. Dr. **Carol Musil, RN, FAAN, Case Western Reserve University, USA**  
Vision 2020: Evidence for Psychiatric and Mental Health Nursing Interventions with Older Adults
2. Prof. Dr. **Christoph Gisinger, Danube University Krems, Austria**  
Mental Health and successful aging

Workshop for journalists

15.30 – 18.00

Evening event

ab 19.00

## TAG 3 - 18.06.2010

Plenum II:

9.15 – 10.30

**Topic: Mental Health in Children**

**Moderation: Dr. Wilhelm Sedlak**

1. Prof. Dr. **Georg Spiel, Promente, Austria**  
Mental health and prevention
2. Prof. Dr. **Bradley Gaynes, MPH, University of North Carolina, USA.**  
Screening for Depression in Adolescents : Weighing the Evidence Behind the Guideline.
3. Dr<sup>in</sup> **Renee Romeo, University of London, United Kingdom**  
Cost of Autism

**Forum: Discussion with all participants of the plenum and audience**

Break

10.30 – 11.00

Session 4

4 A

**Topic: Burn-out Prevention**

**Moderation: Prof. DDr. Dipl. Psych. Andreas Rimmel**

1. Prof.<sup>in</sup> Dr.<sup>in</sup> **Anita Rieder, University of Vienna, Austria**  
Burn-out in Austria
2. Prof. Dr. Dipl.-Psych. **Wulf Rössler, University Clinic for Psychiatry, Zurich, Switzerland**  
Consequences of burn-out in the workplace

4 B

11.00 – 12.15

**Thema: Challenge evaluation**

**Moderation: Mag. Ludwig Grillich**

1. Prof. Dr. **Thomas Elkeles: University of Applied Sciences Neubrandenburg, Germany**  
Evidence-based health promotion in relation to "mental health"
2. Prof. Dr. **Phil Peter Ruesch, Zurich University of Applied Sciences, Switzerland**  
The evaluation of health promotion: Psychiatric health/stress

**Lunch** **12.15 – 14.00**

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**Poster presentations** **13.00 – 14.00**

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**Session 5** **14.00 – 15.15**  
**5 A** **5 B**

**Topic: National Programs Promoting Mental Health**

**Moderation:** Mag. Dr. **Roman Winkler**, MSc

1. Mag. **Christoph Hörhan**, **Fund for a Healthy Austria, Austria**  
The current state and future challenges of mental health promotion in Austria
2. Mag.<sup>a</sup> **Christa Straßmayr**, **Ludwig Boltzmann Institut for Social Psychiatry, Wien, Österreich**  
Mental health promotion and psycho-social prevention of disadvantaged group in 14 European countries - the EU project "PROMO"

**Topic: Physical Activity and Mental Health**

**Moderation:** Dr. **Ursula Reichenpader**, MPH

1. Prof.<sup>in</sup> Dr.<sup>in</sup> **Henriette Walter**, **Vienna General Hospital, Vienna, Austria**  
The impact of physical activity in burn-out and fatigue-syndrome
2. Prof.<sup>in</sup> Dr.<sup>in</sup> **Julie Pasco**, MA, BA, **University of Melbourne, Australia**  
Physical activity and other lifestyle factors as risk factors for depression. Findings from the Geelong Osteoporosis Study

**Break:** **15.15 – 15.45**

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**Session 6** **15.45 – 17.00**  
**6A** **6 B**

**Topic: Ethics and Prevention**

**Moderation:** Prof.<sup>in</sup> Dr.<sup>in</sup> **Anita Rieder**

1. Prof.<sup>in</sup> Dr.<sup>in</sup> **Brigitte Lohff**, **University of Hannover, Germany**  
Ethical aspects in the prevention of mental disorders and the promotion of mental health
2. Prof.<sup>in</sup> Dr.<sup>in</sup> **Ulla Walter** **Hannover Medical School, Germany**  
Mental Health - Mental health - aspects of prevention and health promotion

**Topic: Mental Health: Practical Examples**

**Moderation:** Univ. Doz. Dr. **Stefan Frühwald**

1. Mag. **Gert Lang**, **Red Cross, Austria**  
Mental health promotion training and handbooks
2. DDr. **Cornel Binder-Kriegelstein**, **Professional Organization of Psychologists, Austria**  
The concept of psychological first aid courses – The perspective of health psychologists and psycho-trauma

**Closing**

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**End of the conference approximately 17:00**