

**The European Forum for Evidence-based
Health Promotion and Prevention**

4th EUFEP Congress

Obesity prevention – a major challenge

June 12-13, 2013

Kloster Und
Krems, Lower Austria
Austria

First Announcement/Call for Abstracts



www.eufep.at



4th EUFEP Congress

Obesity prevention – a major challenge

Background

In the 21st century, overweight and obesity rank among the greatest challenges to health. They are significant risk factors for diabetes, cardiovascular diseases, muscular and skeletal disorders and cancer. According to WHO (World Health Organization), overweight and obesity are the fifth most common cause of mortality worldwide. In 2008, approx. 1.4 billion adults were overweight, of whom 200 million men and almost 300 million women were classified as obese.

More than 50 percent of the population of the European Union is overweight or obese. In 18 of the 27 EU member states the prevalence of overweight and obesity is above 50%. In many European countries the number of people who are overweight or obese has doubled over the past 20 years. The number of overweight and obese people is not only increasing in affluent societies in the industrialized world, similar developments are also found in developing countries. According to forecasts, the majority of the global population will be overweight or obese by 2030.

The enormous burden of disease caused by overweight and obesity not only creates medical but also social and health policy challenges. What can health policy decision makers do to promote a healthy lifestyle? Where does individual responsibility end and political responsibility begin? Should penalty taxes and food and drink restrictions be used as regulatory measures? With the threat of an obesity pandemic looming, such public health

questions have become even more pressing in the 21st century.

Goal

The goal of EUFEP 2013 is to host a symposium on best practices in obesity prevention, to facilitate the transfer of the best available information. The event should also serve as an international scientific podium on obesity prevention.

Scientific Directors

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In Cooperation with



"Preventing and fighting overweight and obesity are paramount health care goals. This is why we in Lower Austria believe that it is fundamental to offer a relevant international platform for exchange of ideas and discussion. The fourth European Forum for Evidence-based Health Promotion and Prevention facilitates communication between research and practice, with the goal of designing health promotion strategies. We are pleased that numerous leading experts have accepted our invitation. We would like to wish all participants a most inspiring conference!"

Erwin Pröll
Governor

Wolfgang Sobotka
Vice Governor

Program

The program focuses on the following topics:

- International and national strategies to prevent obesity
- Evaluation of obesity prevention measures

Presentations will be held in German or English. Simultaneous translations of presentations and discussions will be available.

Presenters

Distinguished international experts have been invited to present their experiences and ideas. International experts include:

Elizabeth Waters, PhD, MPH, Jack Brockhoff Chair of Child Public Health, Coordinating Editor, Cochrane Public Health Group

Tim Lobstein, PhD, Executive Director of the London-based non-profit organization The Food Commission and its sister organization The Food Information Trust. European Co-ordinator of the International Association of Consumer Food Organizations.

Boyd Swinburn, PhD, MPH, Alfred Deakin Professor of Population Health and Director of World Health Organization (WHO) Collaborating Centre for Obesity Prevention at Deakin University in Melbourne.

Social Events:

An evening event for conference participants will be held in the splendid Wachau Danube valley (World Cultural Heritage site).

Participants:

Target audience for the conference are all health care decision makers, including doctors, health politicians, health researchers, as well as anybody interested in obesity prevention.

The program gives participants the chance to acquire knowledge about the evidence-based prevention of obesity and provides insight into national and global approaches to obesity prevention.

Call for Abstracts:

Participants can present research results and projects in the form of posters. Abstracts for poster presentations can be submitted until April 26, 2013 at the latest. Letter of acceptance will be delivered by May 26, 2013. For submission guidelines please visit www.eufep.at

EUFEP-Congress 2013

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Date

June 12-13, 2013

Location

Monastery Und, Undstraße 6, 3500 Krems, Austria
(1 hour train ride from Vienna in Lower Austria)



Administrative Organisation

That's the way Eventmanagement GmbH
Tom Bläumauer, Tullnerstr. 44, 3451 Michelhausen
+43 2275 747 05, eufep@thatsttheway.at

Registration at www.eufep.at

After registering online, you will receive a bill. Once payment is made, your registration is complete. For organizational reasons, payment is due within 14 days. Payment not received within 14 days will result in the cancellation of your registration.

| Fees | regular | early booking by 28. 2. 2013 |
|--------------------------|-----------|---------------------------------|
| 2 Day Admission | EUR 300,- | EUR 250,- |
| One Day Admission 12. 6. | EUR 180,- | EUR 150,- |
| One Day Admission 13. 6. | EUR 180,- | EUR 150,- |
| Students* | EUR 90,- | |

*only with valid student identification

Hotel

A list of recommended hotels in Krems is available on our website www.eufep.at. Further information can be obtained through our partner Optimundus. Contact person: Ms. Nicole Hafner, +43 1 60 710 70-67443, Fax: +43 1 60 710 70-67476, n.hafner@optimundus.at

