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Towards Risk Reduction: Predicting the Future Burden of Occupational Cancer

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Aims of the overall study

- **Current Burden of Occupational Cancer:**
 - to develop and apply methodology to estimate current attributable risk, cancer numbers and DALYs caused by work
 - to identify important cancer sites
 - to identify industries and occupations for targeting for reduction measures
- **Prediction of Future Burden of Occupational Cancer**
 - Estimate size of future burden based on current and past exposures
 - Identify cancer sites, carcinogens and industry sectors where the burden is greatest
 - Demonstrate effects of measures to reduce exposure

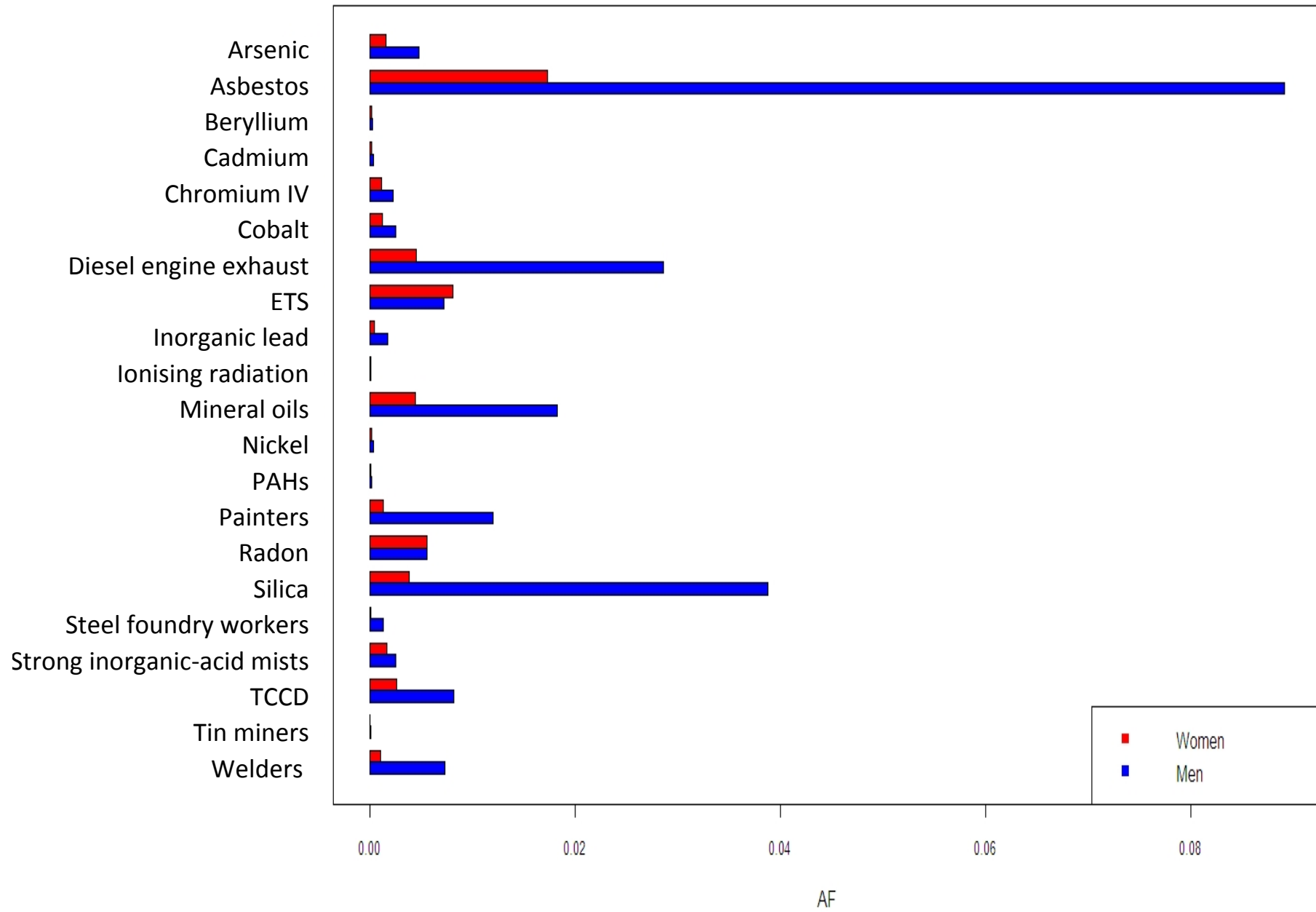
Current Burden Methodology: Attributable Fraction approach

- **Attributable fraction (AF)**: the proportion of cases due to occupational exposure, estimated using Levin's formula. Requires:
 - **Risk of Disease** (relative risk estimates from published literature)
 - **Proportion of Population Exposed** (derived from national data sources, accounting for employment turnover and life expectancy; adjusted for employment trends).
- Define period of relevant exposure: **Risk Exposure Period (REP)** based on cancer latency (Solid tumours: 10-50 years; Leukaemias, lymphomas etc 0-20 years)
- Dose-response risk estimates and proportions exposed at different levels not generally available; data therefore obtained for 'higher' and 'lower' levels.
- AFs applied to total current deaths and registrations to give attributable numbers (ANs).
- Estimation for **IARC groups 1 (definite) and 2A (probable)** carcinogens and occupational circumstances

| Cancer Site | AF (%) | | | Deaths (2005) | | | Registrations (2004) | | |
|----------------|----------------------|----------------------|----------------------|-------------------------|-------------------------|-------------------------|--------------------------|-------------------------|---------------------------|
| | M | F | Total | M | F | Total | M | F | Total |
| Mesothelioma | 97.0 | 82.5 | 94.9 | 1699 | 238 | 1937 | 1699 | 238 | 1937 |
| Sinonasal | 43.3 | 19.8 | 32.7 | 27 | 10 | 38 | 195 | 31 | 126 |
| Lung | 21.1 | 5.3 | 14.5 | 4020 | 725 | 4745 | 4627 | 815 | 5442 |
| Nasopharynx | 10.8 | 2.4 | 8.0 | 7 | 1 | 8 | 14 | 1 | 15 |
| Bladder | 7.1 | 1.9 | 5.3 | 215 | 30 | 245 | 496 | 54 | 550 |
| Breast | | 4.6 | 4.6 | | 555 | 555 | | 1969 | 1969 |
| NMSC | 6.9 | 1.1 | 4.5 | 20 | 2 | 23 | 2513 | 349 | 2862 |
| Larynx | 2.9 | 1.6 | 2.6 | 17 | 3 | 20 | 50 | 6 | 56 |
| Oesophagus | 3.3 | 1.1 | 2.5 | 156 | 28 | 184 | 159 | 29 | 188 |
| STS | 3.4 | 1.1 | 2.4 | 11 | 3 | 13 | 22 | 4 | 27 |
| Stomach | 3.0 | 0.3 | 1.9 | 101 | 6 | 108 | 149 | 9 | 157 |
| NHL | 2.1 | 1.1 | 1.7 | 43 | 14 | 57 | 102 | 39 | 140 |
| Melanoma (eye) | 2.9 | 0.4 | 1.6 | 1 | 0 | 1 | 6 | 1 | 6 |
| Total | 8.2 (7.2, 9.9) | 2.3 (1.7, 3.2) | 5.3 (4.6, 6.6) | 6355 (5640, 7690) | 1655 (1249, 2287) | 8010 (6888, 9977) | 9988 (6938, 14794) | 3611 (2370, 5412) | 13598 (9308, 20206) |

| Carcinogen or Occupation | Total Registrations (% of total burden) | Cancer Sites |
|--|--|--|
| Asbestos | 4216 (30.8%) | Larynx, Lung , Mesothelioma , Stomach |
| Shift work (+ Flight Personnel) | 1957 (14.3%) | Breast |
| Mineral oils | 1730 | Bladder , Lung , NMSC , Sinonasal |
| Solar radiation | 1541 (11.3%) | NMSC |
| Silica | 907 (6.6%) | Lung |
| Diesel engine exhaust | 801 (5.9%) | Bladder , Lung |
| PAHs - Coal tars and pitches | 545 (4.0%) | NMSC |
| Painters | 359 (3.2%) | Bladder, Lung , Stomach |
| Dioxins | 316 (2.3%) | Lung , NHL, STS |
| Environmental Tobacco Smoke (non-smokers) | 284 (2.1%) | Lung |
| Radon | 209 (1.5%) | Lung |
| Welders | 175 (1.3%) | Lung , Melanoma (eye) |
| Tetrachloroethylene | 164 (1.2%) | Cervix, NHL , Oesophagus |
| Arsenic | 129 (0.9%) | Lung |
| Strong inorganic-acid mists | 122 (0.9%) | Larynx, Lung |
| Chromium | 89 | Lung , Sinonasal |
| Non-arsenical insecticides | 73 | Brain, Leukaemia, Multiple myeloma, NHL |

Lung cancer AF by carcinogen/occupation



| Industry Sector | Attributable Registrations | | | Exposures |
|---|----------------------------|-----------|-------------|-----------|
| | Male | Female | Total | |
| Construction | 4573 | 64 | 4637 | 14 |
| Painter + decorators | 331 | 3 | 334 | 1 |
| Roadmen + roofers | 471 | 0 | 471 | 1 |
| Total construction | 5375 | 68 | 5442 | 16 |
| Shift work (including flight personnel) | 0 | 1969 | 1969 | 1 |
| Metal workers | 1083 | 169 | 1252 | 1 |
| Personal + household services | 256 | 403 | 659 | 17 |
| Land Transport | 454 | 42 | 497 | 9 |
| Mining | 283 | 12 | 296 | 10 |
| Printing, publishing and allied trades | 232 | 50 | 282 | 10 |
| Public administration and defence | 229 | 34 | 263 | 6 |
| Wholesale + retail trades | 51 | 136 | 187 | 11 |
| Farming | 180 | 39 | 220 | 5 |
| Welders | 165 | 16 | 181 | 2 |
| Manufacture of instruments, etc | 204 | 2 | 206 | 6 |
| Manufacture of transport equipment | 164 | 18 | 182 | 16 |
| Non-ferrous metal basic industries | 122 | 34 | 156 | 18 |

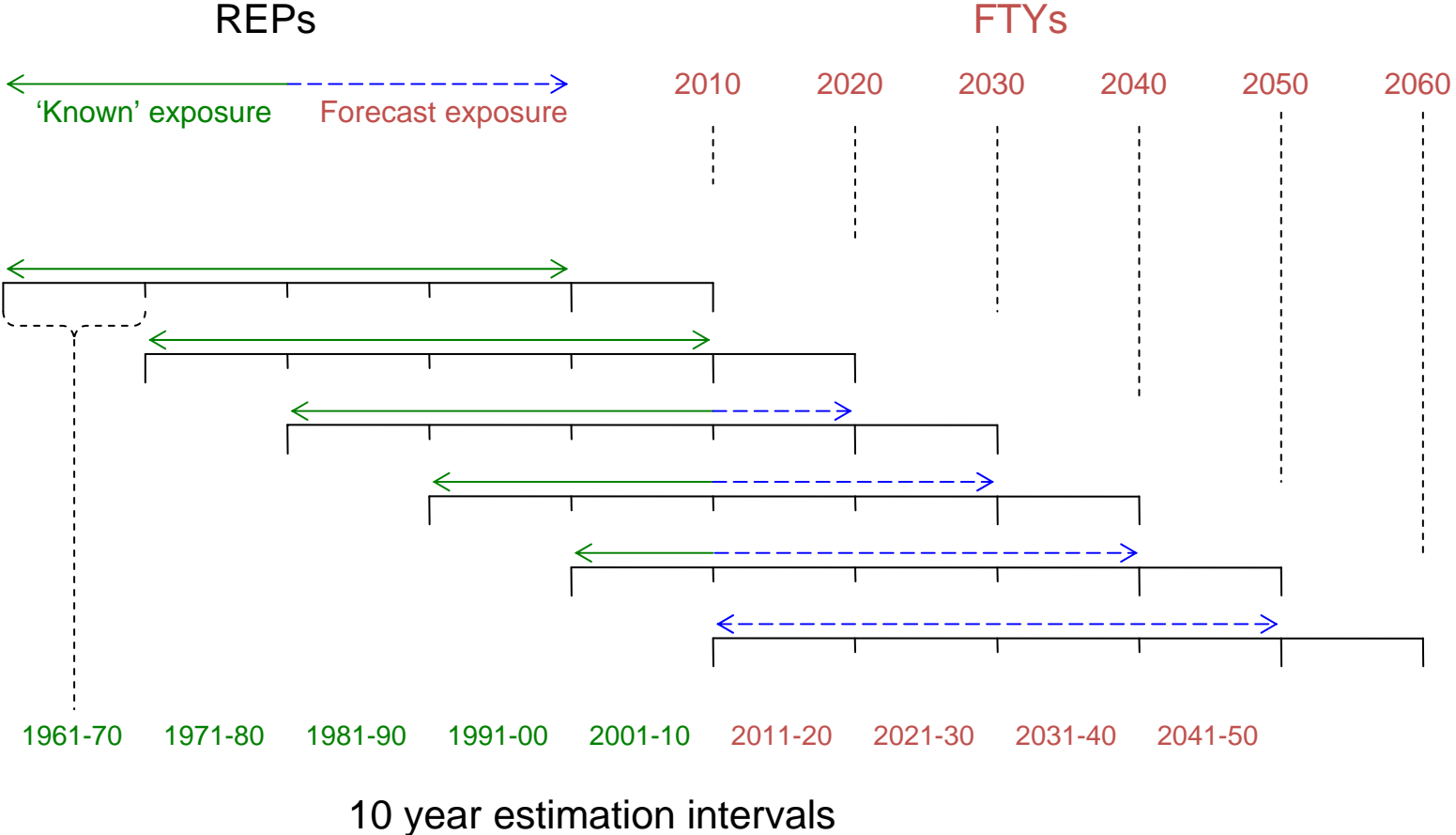
Summary of Outputs Available

- Separately for
 - cancer sites (23),
 - carcinogens (42)
 - industry sectors (>60)
- Attributable Fraction (AF)%
- Attributable Numbers (AN) (deaths and registrations)
- Years Life Lost (YLL) (numbers and average)
- Years Life (lived with a) Disability (YLD) (numbers and average)
- Disability-Adjusted Life-Year (DALY) (YLL + YLD)
- All these separately for men, women and total

Predicting Future Burden – Methodology 1

- AFs estimated for forecast years, e.g. 2010, 2020 ... 2060
- Define the risk exposure period (REP) for each year e.g. for 2030, 1981 – 2020 (10-50 years latency assumed for solid tumours e.g. lung cancer, 0-20 years for leukaemia)
- Single exposure cancer initiation model assumed
- Assume latencies are distributed lognormally across the REPs
- Some past and some future exposure.
- Workers at the beginning assumed to be of all working ages
- Workers recruited through employment turnover are assumed to be only aged 15-24
- Methods being applied to 'important' carcinogens/occupations identified from current burden results

Forecast Risk Exposure Periods – 10-50 year latency

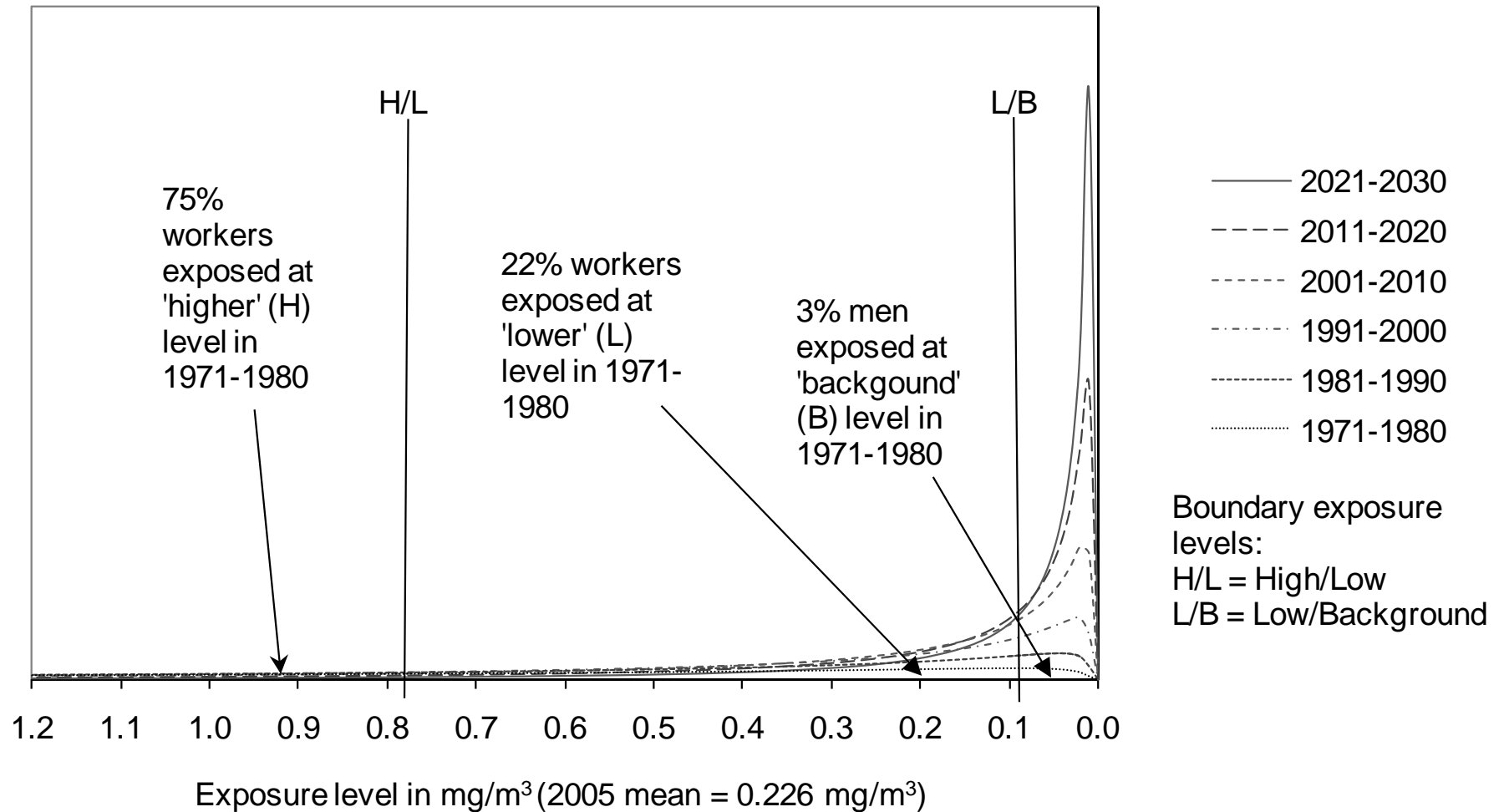


REP Risk exposure period
 FTY Forecast target year

Predicting Future Burden Methodology 2

- Forecasted numbers take into account employment turnover and changes in different industry sector employment trends
- Method developed to shift the proportion of workers exposed in different exposure level categories (H/M/L/B) across time as exposures gradually decrease
- Estimated assuming
 - lognormal distribution of exposure levels with GM and GSD estimated from available exposure level data across all industries
 - GM reduces across time (for each REP estimation interval) in proportion to an estimated annual percent fall in exposure levels.
- H/M, M/L, L/B boundaries are the exposure levels separating H, M, L, B exposed groups
- Proportions of the distributions moving across these boundaries represent exposed workers moving from higher to lower exposure categories
- Adjustment factors also for changing numbers employed, and relative risks if appropriate

Exposure levels shifting with time (baseline trend scenario) and H/L, L/B boundaries – silica example



Change in future exposure: Possible Scenarios

- Estimates made for alternative scenarios of changes in exposure levels and/or numbers exposed
- (1) **Baseline scenario** - based on pattern of past exposure, but no future change in exposed numbers or exposure levels
- (2) **Baseline trend scenario** - based on pattern of past and current exposure, and on linear projections up to 20 years into the future, after which levels assumed constant due to prediction uncertainty.
- (3) **'Intervention scenarios'** also based on past and current exposures, and suitably chosen target exposure levels in the future

Change in future exposure: Intervention Scenarios

Can test:

- Introduction of a range of possible **exposure standards** or reduction of a current exposure limit
- **Improved compliance** to an existing exposure standard
- **Planned intervention** such as engineering controls or introduction of personal protective equipment
- **Industry closure**

Also can vary:

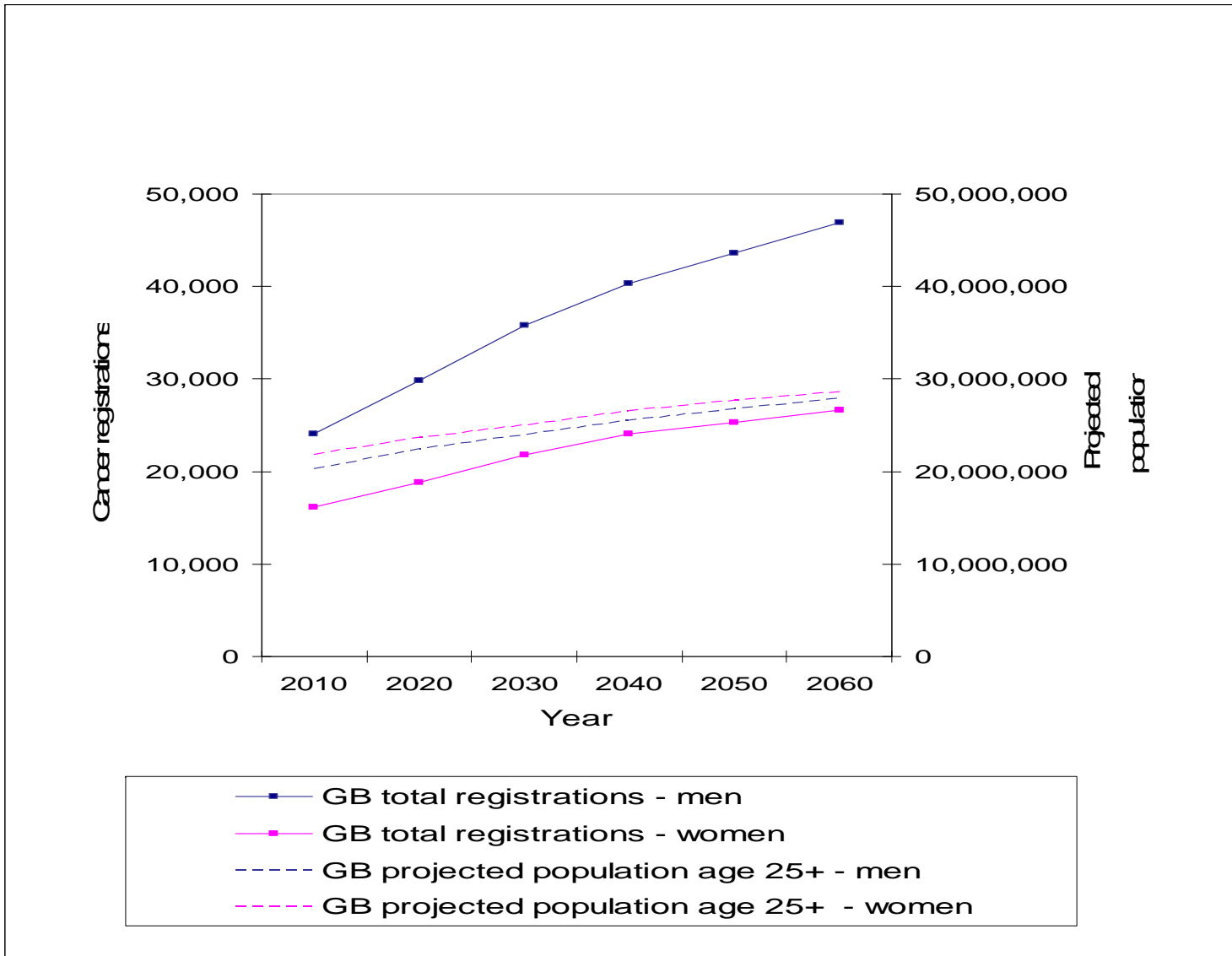
- **Timing** of introduction (2010, 2020 etc)
- Compliance levels e.g. according to **workplace size** (self-employed, 1-49, 50-249, 250+ employees)

Intervention scenario results compared to the 'baseline – no change' or 'baseline - trend' scenario to assess relative impact on reducing attributable numbers

Carcinogens where occupational standards/limits exist or could be introduced

- Arsenic, Diesel Engine Exhaust, Silica, Strong inorganic acid mists, Tetrachloroethylene, TCDD (dioxins)
- **Example: silica**
 - Reduce exposure limit from 0.1 to 0.05 mg/m³ in all workplaces, in 2010, with the same proportion exposed above the new limit as above the old
 - Reduce exposure limit again to 0.025 mg/m³
 - Improve compliance from 33% to 90% in all workplaces
 - Try doing both for all workplaces
 - Successively enforce the new limit and improve compliance in workplaces of different sizes

Forecast lung cancer registrations, age 25+, based on population projections and 2004/5 cancer rates by age



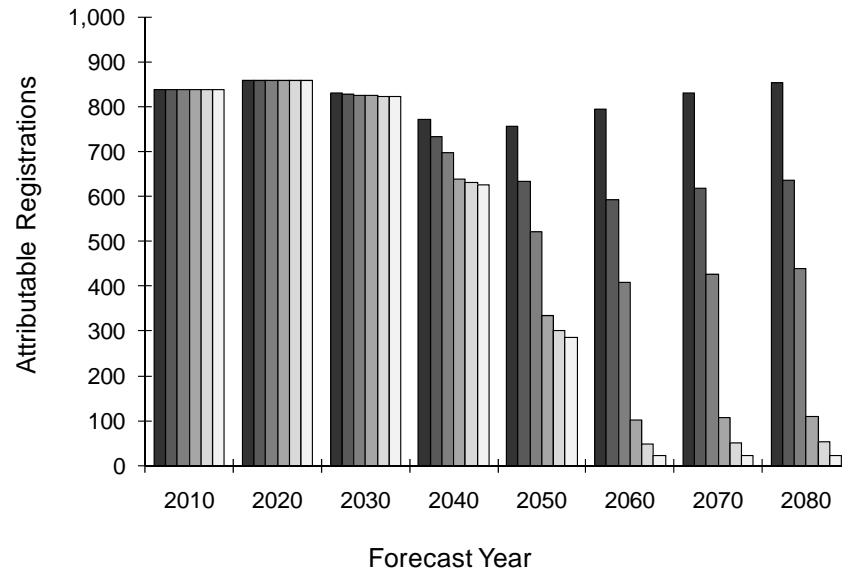
**Testing reduction of exposure standard and changes in compliance
Forecast lung cancers for 2060 for Respirable Crystalline Silica**

| | 2010 | | |
|---|-----------------------|----------------------------|-----------------------|
| | Attributable Fraction | Attributable registrations | Avoided registrations |
| | 3.3 | 803 | |
| | 2060 | | |
| Base-line: exposure limit 0.1mg/m ³ , compliance 33% | 1.08 | 794 | |
| Exposure limit 0.05mg/m ³ , compliance 33% | 0.80 | 592 | 202 |
| Exposure limit 0.025mg/m ³ , compliance 33% | 0.56 | 409 | 385 |
| Exposure limit 0.1mg/m ³ , compliance 90% | 0.14 | 102 | 693 |
| Exposure limit 0.05mg/m ³ , compliance 90% | 0.07 | 49 | 745 |
| Exposure limit 0.025mg/m ³ , compliance 90% | 0.03 | 21 | 773 |

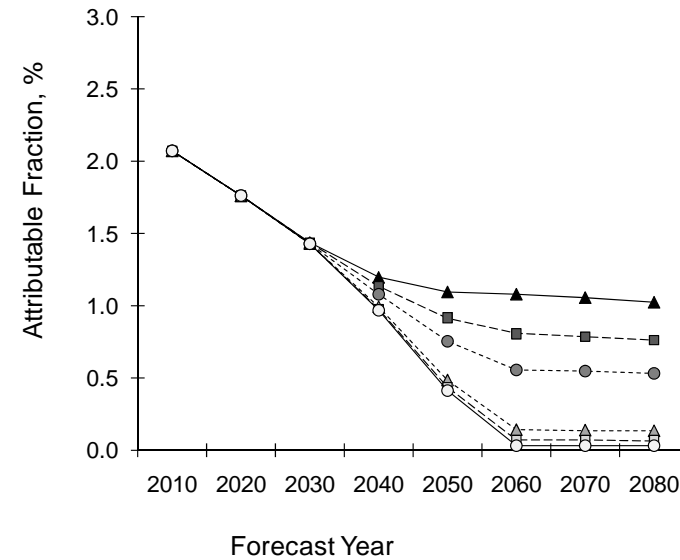
Lung cancer from exposure to RCS

Effect of reducing the exposure standard for RCS versus compliance

A) Attributable registrations



B) AFs



-

**Testing improvement in compliance by workplace size
Forecast lung cancers for 2060 for Respirable Crystalline Silica**

| | 2010 | | |
|--|-------------------------|----------------------------|-----------------------|
| | Attributable Fraction % | Attributable registrations | Avoided registrations |
| | 3.3 | 803 | |
| | 2060 | | |
| Base-line: exposure limit 0.1mg/m ³ , compliance 33% | 1.08 | 794 | |
| Exposure limit 0.05mg/m ³ , compliance 33% | 0.80 | 592 | 202 |
| Exposure limit 0.05mg/m ³ , % compliance changes by employed workplace size and self employed | | | |
| 33% < 250, self employed; 90% 250+ | 0.68 | 499 | 295 |
| 33% < 50, self employed; 90% 50+ | 0.61 | 451 | 344 |
| 33% self employed; 90% all sizes employed | 0.35 | 261 | 533 |
| 90% all workplaces | 0.07 | 49 | 745 |

Occupational Circumstances no 'exposure data'

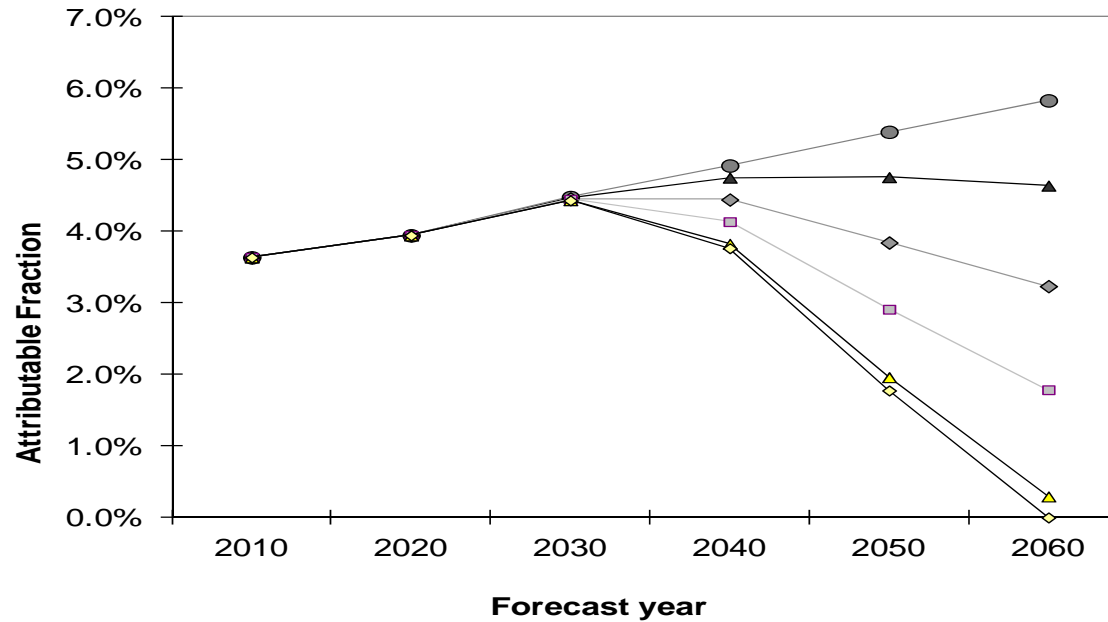
Example: Shift Work (Night work)

- Breast cancer: AF 4.6%, approx. 555 deaths and 2000 cancer registrations; contributes 14.3% of total current occupational cancer burden
- Exposure defined by nature of occupation – unknown agent, no exposure data
- Estimates of numbers of night shift workers from Labour Force Survey and British Airways data
- Evidence of dose response with duration of night work

| Duration | Relative Risk | Proportion 'exposed' |
|-------------|---------------|----------------------|
| <5 years: | 0.95 | 30% |
| 5-14 years: | 1.29 | 40% |
| 15+ years: | 2.21 | 30% |

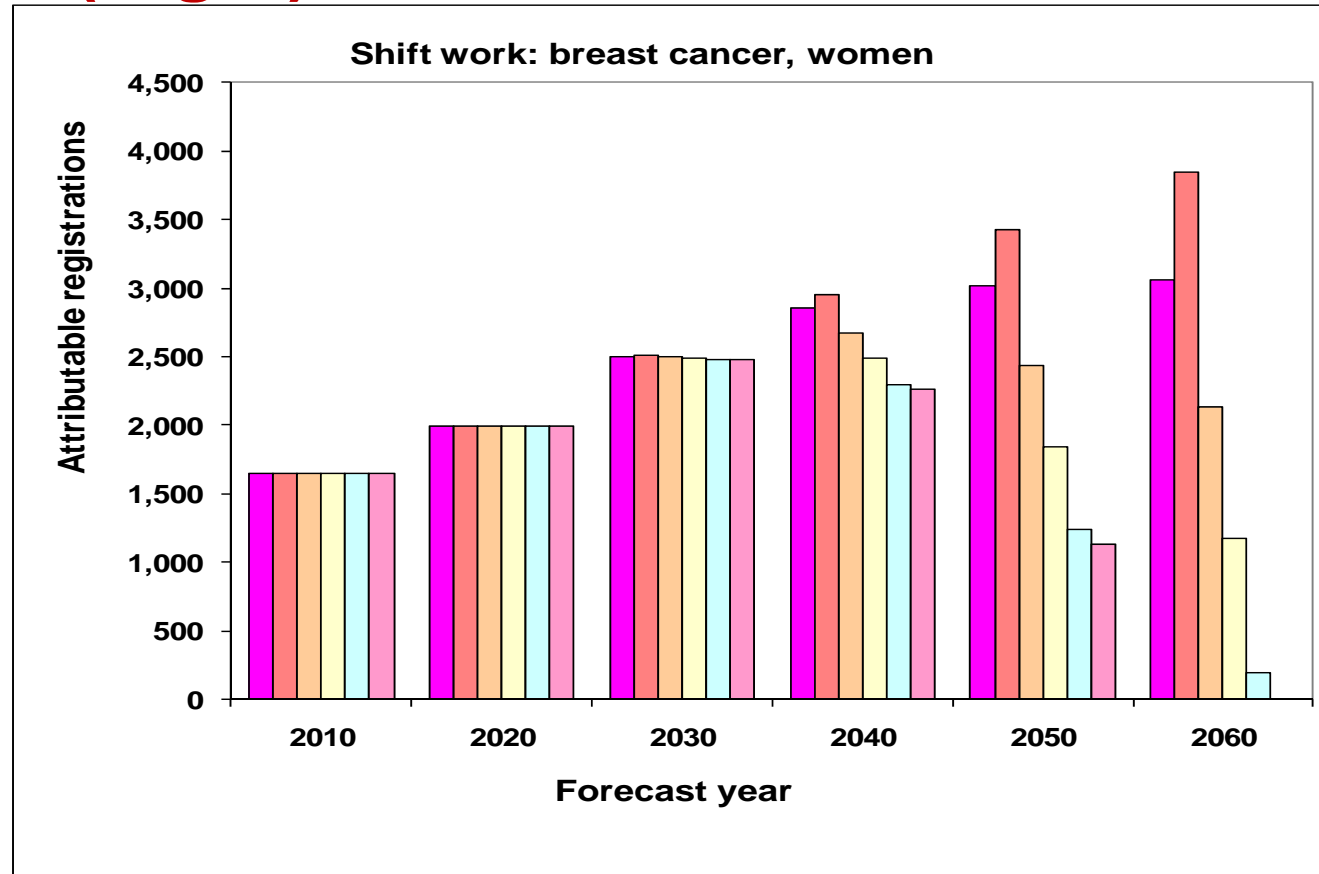
- Intervention scenarios expressed as limiting proportions in night work for durations of 15+ and 5+ years

Night shift work: Breast cancer, women



- ▲ Baseline scenario (1): Current (2005) employment levels are maintained, workers assumed exposed in the proportions 30% for 15+ years, 40% 5-14 years, 30% <5 years duration of night-shift working
- Baseline scenario (2): Linear employment trends assumed to 2021-30, constant thereafter, workers assumed exposed in the proportions 30% for 15+ years, 40% 5-14 years, 30% <5 years duration of night-shift working
- ◆ Intervention scenario (3): Restrictions on length of employment result in 20% at 15+ years, 30% at 5-14 years and 50% at <5 years duration from 2010
- Intervention scenario (4): Restrictions on length of employment result in 10% at 15+ years, 20% at 5-14 years and 70% at <5 years duration from 2010
- ▲ Intervention scenario (5): Restrictions on length of employment result in 0% at 15+ years, 10% at 5-14 years and 90% at <5 years duration from 2010
- ◆ Intervention scenario (6): 100% of workers restricted to <5 years duration from 2010

Shift (Night) Work: Attributable Cancers



- (1) Current employment levels maintained, 30% <5, 40% 5-14, 30% 15+ years night shift work
- (2) Linear employment trends to 2021-30
- (3) 50%<5, 30% 5-14, 20% 15+ years night shift work
- (4) 70%<5, 20% 5-14, 10% 15+
- (5) 90%<5, 10% 5-14, 0% 15+
- (6) 100% <5 years

Shift Work Results

| Intervention scenario | | AFs | AN (regs) | ANs avoided |
|---|--|-------------|-----------|-------------|
| | | 2060 | | |
| (1) | Current employment levels maintained, 30% <5, 40% 5-14, 30% 15+ years night shift work | 4.64% | 3062 | |
| (2) | Linear employment trends to 2021-30 | 5.83% | 3848 | |
| Interventions to test the effect of restricting duration of exposure to under 15 years and under 5 years | | | | |
| (3) | 50%<5, 30% 5-14, 20% 15+ years night shift work | 3.23% | 2134 | 928 |
| (4) | 70%<5, 20% 5-14, 10% 15+ | 1.79% | 1178 | 1883 |
| (5) | 90%<5, 10% 5-14, 0% 15+ | 0.29% | 194 | 2868 |
| (6) | 100% <5 years | 0.00% | 0 | 3062 |

Substances with no suitable exposure data

Example: Solar Radiation

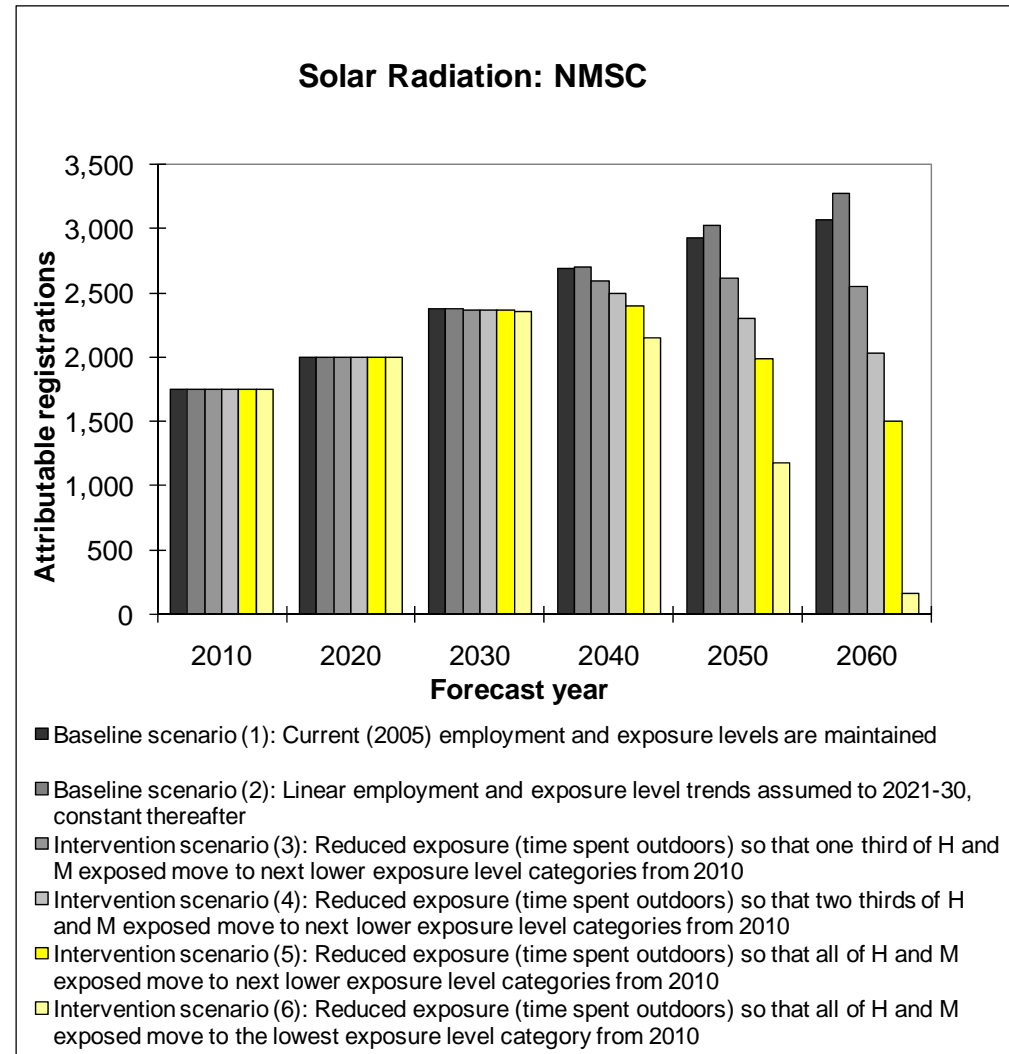
- Non-Melanoma Skin Cancer: AF 6.9%, 23 deaths, 2862 cancer registrations (good survival); contributes 11.3% of total current occupational cancer burden
- Numbers exposed characterised as: mainly outdoor (H), farmer (M) and mixed indoor and outdoor (L) exposure

| | Relative Risk | Industry Sectors |
|---|---------------|---|
| H | 1.30 | Fishing, Construction, Utilities, Land and Water Transport, Mining, Petroleum refineries, Armed Forces, Personal & Household Services, Recreational and Sanitary Services |
| M | 1.15 | Farming, Forestry |
| L | 1.01 | All other industries |

- No exposure level data
- Test effect of reduced exposure as moving to lower exposure classes

Solar radiation

- Test reducing outdoor (H) and farmer (M) exposed numbers by 33%, 67% or 100% in 2010
- Attributable cancers fall by 1/6th, 1/3rd or a half by 2060, or
- 95% if all move to the lowest (mixed indoor and outdoor) risk category



Attributable non-melanoma skin cancers due to solar radiation

| Intervention scenario | | AFs | ANs (regs) | ANs avoided |
|-----------------------|---|-------------|------------|-------------|
| | | 2060 | | |
| Baseline (1) | Maintain current employment and exposure levels | 2.3% | 3069 | |
| Baseline (2) | Linear employment and exposure level trends assumed to 2021-30, constant thereafter | 2.5% | 3279 | |
| (3) | 1/3 of H, M exposed -> M, L resp. | 1.9% | 2552 | 517 |
| (4) | 2/3 of H, M exposed -> M, L resp. | 1.5% | 2030 | 1039 |
| (5) | All H, M exposed -> M, L resp. | 1.1% | 1503 | 1566 |
| (6) | All H, M exposed -> L exposure level | 0.1% | 163 | 2906 |

Solar Radiation: Reduction by industry sector

| Scenario: | Total workers ever exposed over the REP | Attributable Registrations | | | | | |
|------------------------------------|---|----------------------------|-------------|-------------|-------------|-------------|------------|
| | | Base (1)) | Trend (2) | (3) | (4) | (5) | (6) |
| Industry /Job category | | 2060 | | | | | |
| Other mining | 48,213 | 25 | 10 | 21 | 17 | 13 | 1 |
| Electricity, gas and steam | 90,181 | 41 | 15 | 34 | 27 | 21 | 1 |
| Water works and supply | 44,451 | 20 | 7 | 17 | 13 | 10 | 1 |
| Fishing | 27,831 | 17 | 12 | 14 | 12 | 9 | 1 |
| Construction | 1,623,493 | 1463 | 1565 | 1225 | 985 | 742 | 50 |
| Public administration and defence | 441,359 | 542 | 620 | 454 | 365 | 275 | 19 |
| Sanitary and similar services | 145,433 | 149 | 180 | 125 | 100 | 75 | 5 |
| Personal and household services | 29,131 | 30 | 36 | 25 | 20 | 15 | 1 |
| Recreational and cultural services | 118,132 | 121 | 146 | 101 | 81 | 61 | 4 |
| Land transport | 372,474 | 382 | 461 | 319 | 256 | 193 | 13 |
| Water transport | 39,171 | 40 | 48 | 34 | 27 | 20 | 1 |
| Forestry and logging | 33,967 | 10 | 7 | 7 | 4 | 1 | 1 |
| Agriculture and hunting | 549,572 | 169 | 115 | 117 | 64 | 11 | 12 |
| Total | 5,563,663 | 3069 | 3279 | 2552 | 2030 | 1503 | 163 |

Forecast cancers attributable to leading occupational carcinogens for a range of baseline and intervention scenarios, 2060

| | | Attributable Numbers of Cancer Registrations | | | | | | |
|--|------------------------------------|--|--------------|--------------|-------------|-------------|-------------|-------------|
| | | Scenarios | | | | | | |
| | | All | Base (1) | Trend (2) | (3) | (4) | (5) | (6) |
| Exposure | Cancer Site | 2010 | 2060 | | | | | |
| Exposure defined by agent; no appropriate exposure measurements | | | | | | | | |
| ETS | Lung | 1465 | 0 | 0 | 67 | 156 | | |
| Coal tars | NMSC | 489 | 800 | 877 | 602 | 475 | 433 | 402 |
| Radon | Lung | 220 | 379 | 411 | 341 | 317 | 309 | 190 |
| Solar radiation | NMSC | 1749 | 3069 | 3279 | 2552 | 2030 | 1503 | 163 |
| Occupational circumstances, no specified carcinogen | | | | | | | | |
| Painters | Bladder, Lung, Stomach | 461 | 640 | 639 | 481 | 383 | 347 | 321 |
| Shift work | Breast | 1649 | 3062 | 3848 | 2134 | 1178 | 194 | 0 |
| Welders | Lung | 189 | 140 | 63 | 105 | 83 | 76 | 70 |
| Carcinogens for which exposure standards can be set | | | | | | | | |
| Arsenic | Lung | 128 | 92 | 47 | 92 | 88 | 87 | 87 |
| Asbestos | Larynx, Lung Mesothelioma, Stomach | 4281 | 2759 | 2864 | 2785 | 2689 | 2626 | 2307 |
| Diesel | Bladder, Lung | 380 | 406 | 399 | 451 | 412 | 374 | 34 |
| Silica | Lung | 837 | 794 | 442 | 102 | 49 | 21 | 10 |
| Strong acids | Larynx, Lung | 122 | 39 | 7 | 19 | 12 | 10 | 12 |
| TCDD (Dioxins) | Lung, NHL, STS | 286 | 123 | 30 | 22 | 8 | 5 | 6 |
| Tetrachloro-ethylene | Cervix, NHL, Oesophagus | 139 | 135 | 119 | 123 | 118 | 117 | 119 |
| Total | | 12050 | 12327 | 12938 | 9812 | 7944 | 6064 | 3705 |

Summary of Results

- 14 agents account for 85.7% current occupation attributable cancer (2004), 12,000 cancers in 2010
- Will rise to nearly 13,000 by 2060 given current trends in employment and exposure levels (>12,300 if current levels maintained). Aging population is a factor.
- No impact seen until 2030 because of general increase in cancers due to aging population
- With modest intervention (e.g. scenario 3) over 2,000 cancers can be avoided (including 376 lung, 928 breast cancers, 432 NMSC)
- With stronger interventions (e.g. scenario 6) nearly 8,500 can be avoided (including 1,732 lung, 3,062 breast and 3,287 NMSC)
- Effective interventions
 - Silica - improve compliance
 - DEE - need for v. low exposure limit indicated
 - Shift work – If increasing risk with duration of exposure is valid then limiting years of night work reduces burden

Monitoring success

- **Monitor exposure levels**
- No reduction in cancer levels until 2030 at earliest (solid tumours)
- After 2030
 - Use achieved exposed numbers/proportions exposed at new exposure levels in same (target setting) forecast model to get achieved AF
 - Apply achieved AF to same (2005 based) cancer projections to get achieved attributable numbers
 - Do not apply achieved AF to real 2030 cancer numbers

Uncertainties and the impact on the burden estimation

| Source of Uncertainty | Potential impact on burden estimate |
|---|-------------------------------------|
| Exclusion of IARC group 2B and unknown carcinogens e.g. for electrical workers and leukaemia | ↓ |
| Inappropriate choice of source study for risk estimate | ↑↓ |
| Imprecision in source risk estimate | ↑↓ |
| Source risk estimate from study of highly exposed workers applied to lower exposed target population | ↑ |
| Risk estimate biased down by healthy worker effect, exposure misclassification in both study and reference population | ↓ |
| Inaccurate latency/risk exposure period, e.g. most recent 20 years used for leukaemia, up to 50 years solid tumours | ↓ |
| Effect of unmeasured confounders | ↑↓ |
| Unknown proportion exposed at different levels | ↑↓ |

Summary

- Adapted for WHO Global Burden update; Used to inform socio-economic impact analysis of effect of introducing limits for certain carcinogens for DG Employment; HSE costs of workplace illness will include cancer for the first time.
- On-going work: Evaluation of impact of source of bias and uncertainty
- Outputs: Current burden results
 - Preliminary work on 6 cancer sites: Occupational and Environmental Medicine 2008, 65, 789-800;
 - Results from all sites: British Journal of Cancer 2010, 102: 1428-1437 + Technical report on HSE website
 - Supplement (13 papers) submitted on current burden detailed results to BJC, 2011 + approx. 24 technical reports + database
 - Paper in preparation reporting DALYs/inequality of burden
- Outputs: Future burden
 - Methodology paper: American Journal of Epidemiology 2011, 173, 1069-1077+ technical report on HSE website
 - Future burden results: in preparation